



Movement Institute

Presents

**Register by
Friday March 28th**

Get in the Swing of Things!



Do you want a more efficient swing?

Do you want to improve your golf scores?

**MaxFit Movement Institute presents this
special seminar. Topics include:**

Common injuries and strategies for prevention
Biomechanics, swing analysis and postural assessment
Golf conditioning and performance enhancement

Speakers: Dr. Khaled Dossa, Kinesiologist and

Chiropractor Kendal Yonemoto Class 'A'

**certified teaching professional
March 30, 10am-1pm, Cost is \$20**

Call, drop by or email for registration:

2703 Clarke St. Port Moody 604-461-6888

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www.maxfit-movement.com