



Movement Institute

Presents

With Special  
Guest Drummers  
from "Umoja",  
the hit South African  
musical!

# ***We are the Drummers!***

## ***Community Drum Circle***



**BUILDING COMMUNITY SPIRIT OF TOGETHERNESS FOR 2008**

**Port Moody "Old Mill Boathouse"**

**2715 Esplanade Ave.**

**Tuesday, January 22, 7-9 p.m.**

**Drums Provided & Facilitated by Lyle Povah**

A Drum Circle is a rhythm-based event where people gather in a circle to express themselves with African drums and percussion instruments. A facilitator guides the sessions, encouraging and supporting people as they reconnect with their innate sense of rhythm. Inclusiveness is a core principle - people of all backgrounds, mobility, ages and skill levels (even first time beginners) can participate.

**\$10/Adults, \$5/Seniors & Kids 5-16, Under 5 Free, \$20/Family**  
**Join us as the community comes together for the New Year!**

**Call, drop by or email for registration:**

**(or tickets available at the door)**

**2703 Clarke St. Port Moody 604-461-6888**

**info@maxfit-movement.com**